

The ABC's of Youth Leadership



The **Rising Stars** Process is designed to help today's youth develop their personal leadership skills and begin to set goals and directions for their lives beginning at an earlier age. Leadership is essential in enabling youth to develop character, confidence, and values that promote the understanding of healthy behavior.

Rising Stars is a research based process. It is modeled after an adult Leadership Development process which has been used successfully with hundreds of thousands of individuals for more than 26 years.

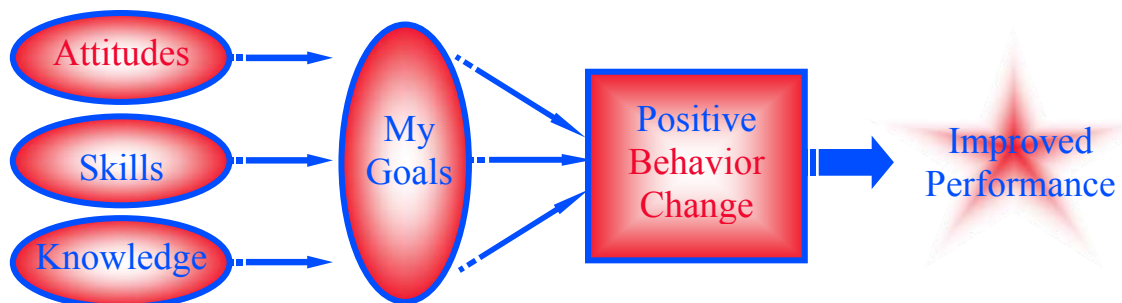
A Proven Process

An innovative unique inside-out development process that focuses on three critical elements that promote personal leadership, healthy behaviors, and the skills that employers identify as essential.

Development of:

- Positive Attitudes
- Interpersonal skills
- Goal Achievement Skills

Our Formula For Success



The Process

Twelve to fourteen week program for young students from 6th to 12th grades.

Presented to small groups of up to 10 students in a one on one coaching program.

Classes are facilitated by a certified Executive Leadership Coach.

Materials:

- 14 Chapter Bound Textbook.
- Personal Action Plan.
- Audio Cassette of CDs.
- Assessment Tools.

Positive Outcomes

- Graduates had a **40%** grade point increase.
- Graduates had a **56%** reduction in school disciplinary incidents.