

Team 100 Program

Helping clients get the results they need requires a team effort by the Coach and other professionals.

The **Team 100**TM List works like a dance card: You select the 100 other professionals who you want on your team. With the right players, here's what can happen:

- Your clients have access to a strong network.
- You can tap into high-expertise immediately.
- Most problems or needs can be solved, fast.
- Referrals start flowing among team members

Dedicated to the model of networking: Sandy Vilas

INSTRUCTIONS

1. **Decide to get a full team within 1 year.**
2. **Fill in the team members you now know.**
3. **Start networking to fill in the other slots.**
4. **Pass around blank forms to associates.**
5. **Get yourself on other's Team 100TM lists.**

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PROGRESS CHART

Date	Points (+/-)	Score

TEAM 100 PROGRAM 100-POINT CHECKLIST

#	Sections			
	A	B	C	D
25				
24				
23				
22				
21				
20				
19				
18				
17				
16				
15				
14				
13				
12				
11				
10				
9				
8				
7				
6				
5				
4				
3				
2				
1				

GIVE YOURSELF CREDIT AS YOU GET POINTS FROM THE 100-POINT PROGRAM. FILL IN COLUMNS FROM THE BOTTOM UP.



A. BIZ & WORK

Running a business, managing a career, finding work that you enjoy all come easier when you have experts and models to guide and inspire you.

- New Business Specialist
Name: _____
Contact Info: _____
- Career Consultant/Planner
Name: _____
Contact Info: _____
- Graphic Artist
Name: _____
Contact Info: _____
- Printer/Copy Place
Name: _____
Contact Info: _____
- Turnaround Business Expert
Name: _____
Contact Info: _____
- Corporate Trainer
Name: _____
Contact Info: _____
- Professional Networker
Name: _____
Contact Info: _____
- Internet Marketing Expert
Name: _____
Contact Info: _____
- Web Presence Provider
Name: _____
Contact Info: _____
- Personal Marketer
Name: _____
Contact Info: _____
- Business Coach
Name: _____
Contact Info: _____
- Corporate Coach
Name: _____
Contact Info: _____
- Executive Coach
Name: _____
Contact Info: _____
- Business Diagnostic Coach
Name: _____
Contact Info: _____
- Marketing Coach
Name: _____
Contact Info: _____
- Professional Writer
Name: _____
Contact Info: _____
- Computer Consultant
Name: _____
Contact Info: _____
- Hard Disk Crash Recoverer
Name: _____

- Contact Info: _____
- Software Consultant
Name: _____
Contact Info: _____
- Headhunter
Name: _____
Contact Info: _____

____ **Number of boxes checked (20 max)**

B. MONEY & LEGAL

The only thing in the way of your financial independence is great advice and the willingness to apply it.

- Small Business Attorney
Name: _____
Contact Info: _____
- Real Estate Attorney
Name: _____
Contact Info: _____
- Tax Attorney
Name: _____
Contact Info: _____
- International Attorney
Name: _____
Contact Info: _____
- Estate Attorney
Name: _____
Contact Info: _____
- Copyright/Trademark Attorney
Name: _____
Contact Info: _____
- Criminal Attorney
Name: _____
Contact Info: _____
- Financial Planner
Name: _____
Contact Info: _____
- Banker
Name: _____
Contact Info: _____
- Realtor
Name: _____
Contact Info: _____
- Venture Capitalist
Name: _____
Contact Info: _____
- Stockbroker
Name: _____
Contact Info: _____
- CPA
Name: _____
Contact Info: _____
- Insurance - Life/Health/Disability
Name: _____
Contact Info: _____
- Insurance - Liability



Name: _____

Contact Info: _____

- Insurance - Home/Auto

Name: _____

Contact Info: _____

- Bookkeeper/Bill Paying Service

Name: _____

Contact Info: _____

- Grant Writer

Name: _____

Contact Info: _____

- Property Manager

Name: _____

Contact Info: _____

- Money Manager

Name: _____

Contact Info: _____

____ Number of boxes checked (25 max)

C. PERSONAL & HEALTH

Our bodies, minds and spirits can benefit from these experts.

- MD - Internist

Name: _____

Contact Info: _____

- MD - Ophthalmologist

Name: _____

Contact Info: _____

- MD - Cosmetic Surgeon

Name: _____

Contact Info: _____

- MD - Dermatologist

Name: _____

Contact Info: _____

- MD - Sports

Name: _____

Contact Info: _____

- MD - Psychiatrist

Name: _____

Contact Info: _____

- Nutritionist

Name: _____

Contact Info: _____

- ND (Naturopath)

Name: _____

Contact Info: _____

- Massage Therapist

Name: _____

Contact Info: _____

- Chiropractor

Name: _____

Contact Info: _____

- Pharmacist

Name: _____

Contact Info: _____

- Movement Therapist

Name: _____

Contact Info: _____

- Acupuncturist

Name: _____

Contact Info: _____

- Diagnostician

Name: _____

Contact Info: _____

- Therapist - Depression

Name: _____

Contact Info: _____

- Therapist - ADD Expert

Name: _____

Contact Info: _____

- Therapist - Relationships

Name: _____

Contact Info: _____

- Fertility Expert

Name: _____

Contact Info: _____

- Dentist/Cosmetic Dentist

Name: _____

Contact Info: _____

- Speech Therapist

Name: _____

Contact Info: _____

____ Number of boxes checked (25 max)

D. PERSONAL SERVICES

These are services that make our lives easier.

- Housekeeping/Cleaning

Name: _____

Contact Info: _____

- Travel Agent

Name: _____

Contact Info: _____

- Event Planner

Name: _____

Contact Info: _____

- Florist

Name: _____

Contact Info: _____

- Professional Gift Service

Name: _____

Contact Info: _____

- Portrait Photographer

Name: _____

Contact Info: _____

- Caterer

Name: _____

Contact Info: _____

- Seamstress/Tailor

Name: _____

Contact Info: _____



- Childcare/Babysitter
Name: _____
Contact Info: _____
- Minister/Clergy
Name: _____
Contact Info: _____
- Auto mechanic/Car Care
Name: _____
Contact Info: _____
- Electrician
Name: _____
Contact Info: _____
- Air conditioning/Heating
Name: _____
Contact Info: _____
- Plumber
Name: _____
Contact Info: _____
- Professional Organizers
Name: _____
Contact Info: _____
- Personal Concierge/Errands
Name: _____
Contact Info: _____
- Dog Walker/Pet Sitter
Name: _____
Contact Info: _____
- Good Book Mavern
Name: _____
Contact Info: _____
- Interior Designer/Decorator
Name: _____
Contact Info: _____
- Handyman/woman
Name: _____
Contact Info: _____

___ Number of boxes checked (25 max)

E. EXTREME SELF-CARE

*Extreme self-care refers to the practice of taking **exceptionally** good care of your body, mind and spirit. The professionals below can make a big difference in your emotional, physical and energy levels.*

- Skin Care Specialist/Spa
Name: _____
Contact Info: _____
- Personal Assistant (Real)
Name: _____
Contact Info: _____
- Personal Assistant (Virtual)
Name: _____
Contact Info: _____

- Personal Trainer
Name: _____
Contact Info: _____
- Healthy Food Delivery
Name: _____
Contact Info: _____
- Personal Coach
Name: _____
Contact Info: _____
- Spiritual Advisor/Clergy
Name: _____
Contact Info: _____
- Manicurist/Pedicurist
Name: _____
Contact Info: _____
- Jeweler
Name: _____
Contact Info: _____
- Certified Rolfer
Name: _____
Contact Info: _____
- Image/Color Consultant
Name: _____
Contact Info: _____
- Personal Makeover Coach
Name: _____
Contact Info: _____
- Communication Coach
Name: _____
Contact Info: _____
- Feng Shui Consultant
Name: _____
Contact Info: _____
- Reiki Master
Name: _____
Contact Info: _____
- Alexander Technique Expert
Name: _____
Contact Info: _____
- Irresistible Attraction Coach
Name: _____
Contact Info: _____
- Visual Artist Consultant
Name: _____
Contact Info: _____
- Lifestyle Design Coach
Name: _____
Contact Info: _____
- Psychic
Name: _____
Contact Info: _____

___ Number of boxes checked (25 max)

